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# K21 CONNECTION

PHONE: 574.269.5188  
[www.k21healthfoundation.org](http://www.k21healthfoundation.org)

A black and white photograph showing a group of diverse young people, including both boys and girls, sitting together outdoors. They are all smiling and appear to be in a casual, social setting like a park or a school courtyard.

*Open to read about  
how we have been  
investing in the health  
of Kosciusko County!*



**K21**  
**CONNECTION**

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2021 Community Report

**K21 Health Foundation exists for the benefit of Kosciusko County residents to ensure health care services are provided, and to advance prevention and healthy living.**

**This will be accomplished by identifying health needs in our community, and maintaining an endowment so funding is available through investments and grants for those needs.**

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Front cover - Winona Lake Limitless Park During Shutdown



# Rich Haddad

K21 Health Foundation President and CEO

## Letter from Our President

### No One Saw 2020 Coming

Can you even remember what you were thinking at the beginning of 2020?

For K21 Health Foundation we were coming off celebrating 20 years of serving Kosciusko County. To celebrate we thanked 10 nonprofits in our community with \$20,000 appreciation donations, pledged \$200,000 each to 9 of our local towns, and committed \$1 million to see a local ice rink built in the central part of our county. We were also preparing to renovate our new headquarters in Winona Lake, creating a permanent home for K21 for the first time in our history. Top all that with a stellar year in our investment portfolio. We had a lot to celebrate and be thankful for as we entered 2020. Then this thing called COVID-19 hit, and literally all hell broke loose.

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We felt a responsibility to be proactive in meeting needs from this pandemic

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As a private foundation with a mission to health for the residents of Kosciusko County, it would be irresponsible of us to ignore or pretend 2020 didn't bring one of the most difficult health crises in our history to our community. This year's Community Report will NOT pretend we didn't all go through 2020, nor ignore the reality that we are still fighting to conquer this pandemic affecting us all. We've dedicated a good amount of this report to understanding the pandemic and sharing our role in helping others. Note that our front cover this year illustrates the reality of our

shutdown. However, we are filled with hope and optimism, and as the picture below shows, that same playground is once again giving kids and families opportunity to living out a healthy life!

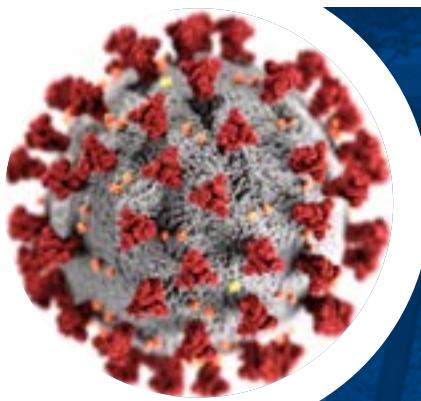


Winona Lake Limitless Park open again

K21 Health Foundation has forward thinking, long-term, and multi-generational impact in mind. We want future generations to live their best lives in Kosciusko County. However, we also have an eye on the here and now, to what current needs and opportunities require from us as a partner and resource to this community. 2020 brought to K21 the responsibility to be active in the needs of our residents from this pandemic, and to continue to seek areas of impact as we get through this together. We will do that, get through this together, and my hope is we will all be kinder, stronger, healthier, and more supportive of each other as a community. Stay safe and take care!

Warm regards,

RICHARD A. HADDAD, K21 PRESIDENT & CEO



# The Unexpected Year

## How COVID-19 affected our community

When the world rang in the 2020 New Year, no one could have predicted the chaos and confusion that would soon follow.

What began as a mysterious, unknown illness on the other side of the world would eventually explode into a global pandemic that we are still fighting more than a year later. The novel corona virus SARS-CoV-2, more commonly known now as COVID-19, has affected every city, state, and country in the world. We felt it was important to recount our journey together and look forward to what we face in our future related to this virus, truly the health crisis of our generation.

**500,000**

COVID-related deaths in the United States as of February 2021

According to the Centers for Disease Control (CDC), the first case of COVID-19 in the United

States was diagnosed in February 2020. By mid-March, all 50 states had identified cases. Our federal, state, and local governments kicked into gear to try and minimize the spread. They implemented various mandates, including a two-week shutdown that was intended to help "flatten the curve" in an attempt to keep local healthcare systems from becoming overwhelmed. People were asked to practice "social distancing," which encouraged them to keep at least 6 feet away from others and later were also asked to wear masks.

Schools were closed and teachers began teaching their students virtually. A great number of people began working from home utilizing technology to try and maintain "business as usual." Restaurants were closed for dining-in, although many began offering delivery and carryout service. Some stores began limiting the number of customers who could

be in their buildings at one time, while many others were forced to close their doors (temporarily or permanently). Although much of our way of living, working,

**11%**

of Kosciusko residents tested positive for COVID-19 as of March 2021

and playing has returned at some level, many of these behavioral protections and preventions remain in place today. We've added some sobering statistics on these pages as a reminder of the impact that this pandemic has brought down on us in just over a year.

Our understanding of this new disease has grown significantly in the past year. Medical professionals and researchers have worked countless hours to discover more effective treatments for those with severe and life-threatening

*"When COVID hit in early 2020, it made the ability to run a typical homeless shelter and needed programs for recovery impossible, literally. K21 responded immediately in providing funds to relocate to a local campground that gave us the ability to continue while keeping both our residents and our staff safe."*

—ERIC LANE, FELLOWSHIP MISSIONS EXECUTIVE DIRECTOR

symptoms, as well as creating and launching promising vaccines that report incredibly high rates of efficacy (effectiveness). In January of 2021, the Kosciusko County Health Department and others began offering vaccinations to those considered the most at-risk for the disease including the elderly, healthcare workers, and first responders. General population vaccinations are in-process and as of late March over 16,000 people have received at least their first dose in the county.



Looking forward, we need to continue to do everything possible to gain control and ultimately remove this pandemic from our community. Herd immunity is the term used to accomplish this, and requires all of us to participate. Being personally responsible by minimizing our risk of spreading the virus in our activities and habits, considering vaccination, and simply being aware and respectful of each other, will all go toward accelerating our return to our lives prior to COVID-19 in Kosciusko County.

## Our Response To the Pandemic

When the COVID-19 became a reality in March 2020, K21 quickly stepped forward to help our community deal with this pandemic. In a March 19th meeting the board of directors responded by approving an initial \$100,000 to utilize toward needs arising from the crisis, not yet even fully knowing how the pandemic would affect our community. Our help response was immediate as K21 provided \$10,000, working in conjunction with other local funders, to support agencies tasked with providing food, shelter, and financial assistance.

Setting up a Rapid Response process, the remainder was granted to a variety of support such as protective masks for local first responders, technology help for counseling to shift to virtual service, and operating support for many nonprofits to function or survive through the lockdown.

As these funds were utilized, K21 began looking forward to continue supporting organizations and programs through the difficult time and approved an additional \$250,000 in August 2020. Continuing to respond quickly,

grants have helped schools install water bottle fillers, cover increased cleaning and PPE costs, offset losses of fundraising opportunities, and other COVID impact needs.

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K21 has committed  
\$350,000 for direct  
COVID-19 impact support

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The impact from this pandemic continues, and K21 is ready to continue its work with local providers to ensure they have the resources they need to keep doing the work they do.



*"We've made great progress in our pathways in the Wawasee area, with K21 supporting us every step of the way. To help us now plan out our next steps and future solutions to continued expansion of pathways is so empowering to our future."*

—ERLENE YENTES, EXECUTIVE DIRECTOR  
SYRACUSE-WAWASEE TRAILS

## Connected Communities

### The development of pathways in our county

Creating a "Culture of Healthy Living", one of the six impact areas for K21, means that every one of us in Kosciusko County has ways to embrace healthy habits into our everyday lives. Any community pursuing this goal needs multiple opportunities to tangibly pursue that healthy lifestyle we all want. Do our communities have "places" to encourage and provide us solutions to live this way?

One of the most basic amenities that fosters this culture is ample and safe paths to walk, run, and bike. Seeing others being active out on walkways and trails is inspiring and often attracts others to try

them out. K21 has a long history of supporting the ongoing effort of our communities in developing these important offerings to all residents, as we have approved over \$2.3 million in grants over our more than 20-year history. These grants have primarily focused on the construction of new trails, sidewalks, greenways, and other forms of pedestrian activity. However, more recently K21 grants in this impact area have provided support much earlier in the process of development.

The process of creating new pathways and greenways can be difficult, long, and full of challenges. Community development must take a holistic viewpoint in considering how to add new opportunities into their respective areas, both in what is desired and in what must be altered or sacrificed. Trail designers must consider public

More than  
**22**  
Miles of Designated Pathways in Kosciusko County

safety, land availability, funding sources, and regulations, just to name a few. K21 has helped a number of local towns recently with some "early grants" that include: Warsaw feasibility study to try and create a pathway down Country Club Road, Winona Lake expanding their greenway to the east to connect the growing Stonehenge area, Syracuse planning the new phases of pathway connections in their town and around Lake Wawasee, Akron building a walkway between the elementary and the community center/park, and North Webster doing planning work to create north/south walkway though the town.

K21 has been involved in all phases of the process, and we look forward to the continuing effort to make Kosciusko County a more active, healthy community.



Syracuse Wawasee Trail Map Planning

# Ice Rink is Coming

Years of vision becoming reality



For many years the local community longed for an ice rink where people of all ages could enjoy winter activity. Prompted by K21 Health Foundation's \$1 million pledge at their 20th anniversary celebration, the

Town of Winona Lake presented a plan for consideration and was awarded a grant of \$1.5 million by the foundation to support the project. This planned year-round pavilion will be located in the open area across from the

Winona Lake Post Office.

The new facility will include an ice rink, skate rental area, restrooms, and a concession and lounging area complete with a fireplace. In the off season, the pavilion can be used for a variety of events such as farmer's markets, festivals, concerts, and other community activities.

K21 is excited to be a major partner in the development of the ice rink pavilion, which will bring opportunities for physical fitness and activity during the winter months for generations to come.



Rendering of Future Ice Rink Pavilion

## AutoPulse Units

Making a difference in cardiac response



In early 2020, K21 approved a grant of \$236,130 to the Warsaw-Wayne Fire Territory for the purchase of mechanical CPR devices for fire departments throughout Kosciusko County. These AutoPulse units, which provide consistent and hands-free CPR, allow the first responders to focus on other critical aspects of a patient's emergency care while maintaining life-saving compressions at the same time.

With a mission to all residents of our county, K21 was pleased that this grant would provide enhanced equipment to every department covering our county.

In the first several months of the implementation of the AutoPulse program, the use of the devices has proven to have a positive impact. Local statistics show a significant increase in cardiac arrest

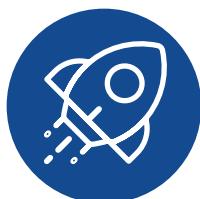
*Cardiac saves jumped from 9% to 20% with the use of AutoPulse units*

survability, jumping from 9% in 2019 to 20% in 2020. Direct health care service is an important impact area for K21's mission, and we know that 1st responders play a critical role in that care. We are proud to support the emergency medical care in our community and look forward to how this equipment continues to improve outcomes.

# K21 HEALTH FOUNDATION

Grants Awarded in 2020

ORGANIZATION NAME	AMOUNT	PROJECT DESCRIPTION
Agaitas	41,250	Operational Expansion
All Things New	2,458	Testing Supplies
Big Brothers Big Sisters	5,000	"Stop Sexual Abuse" Training
Brightpoint	20,000	Covering Kids & Families - Insurance Assistance
Cancer Services of Northeast Indiana	20,000	Client Advocacy and Services
Cardinal Services Inc. of Indiana	20,000	"Growing Great Kids" Curriculum
City of Warsaw - Parks Department	150,000	Mantis Skate Park Relocation/Expansion
City of Warsaw - All County Fire Departments	236,130	Mechanical CPR Devices
Combined Community Services	50,009	Facility Security System
Combined Community Services	62,371	Refrigeration/Freezer Equipment
Early Childhood Alliance	7,805	COVID-19 Assistance: Child Care for Essential Workers
Fellowship Missions	100,000	Addiction Recovery Hub Assistance
Fellowship Missions	30,000	COVID-19 Assistance: Camp Crosley Relocation
Grace College	25,000	COVID-19 Assistance: Campus Preparation and Safety
Grace College (Lilly Center for Lakes & Streams)	251,063	Blue-Green Algae Research & Operating Support
Heartline Pregnancy Center	34,000	BABE Program/Clinical Supplies/STI Testing
Heartline Pregnancy Center	13,500	Fatherhood Mentoring Program
Housing Opportunities of Warsaw	10,000	Healthy Homes Program
Ivy Tech - Warsaw	3,000	COVID-19 Assistance: Touchless Water Bottle Fillers
Kosciusko Community YMCA	22,862	Diabetes Prevention Program
Kosciusko Community YMCA	50,000	COVID-19 Assistance: Operational Support
Kosciusko Community YMCA	2,200	Youth Cross Country Program
Kosciusko County - Jail/Sheriff's Office	55,700	JCAP Addiction Recovery Program
Kosciusko County Community Foundation	50,000	Countywide Comprehensive Plan
Kosciusko County Community Foundation	10,000	COVID-19 Assistance: "Rapid Response" Funding
Kosciusko County Community Foundation	125,000	Good Samaritan Fund
Beaman Home	20,000	COVID-19 Assistance: Operational Support
Kosciusko Health Services Pavilion	62,000	Facility Renovations for New Tenant
Kosciusko Health Services Pavilion	32,983	Mortgage Interest Forgiveness 2020
Kosciusko Home Care & Hospice	8,000	Computer Replacement
Kosciusko Home Care & Hospice	47,400	Help Center Operational Support
Kosciusko Home Care & Hospice	125,000	Home Care Program Support



Over \$2 million was committed in 2020 to continue our work in building opportunities for a community of healthy living



ORGANIZATION NAME	AMOUNT	PROJECT DESCRIPTION
Kosciusko Home Care & Hospice	344,565	Medication & Dental Assistance and Kids Smile Programs
Lake City Skiers	41,203	"Learn to Ski" Program Equipment
Lakeland Christian Academy	9,000	COVID-19 Assistance: PPE, Cleaning and Supplies
Lakeland Christian Academy	10,000	Nurse's Office Equipment
Live Well Kosciusko	85,000	Operational and Program Support
Mad Anthony's Children's Hope	10,000	Operational Assistance
Magical Meadows	4,000	COVID-19 Assistance: Operational Support
McMillen Center	5,000	Health Education Programming
Mentone Youth League	2,260	Facility Improvements
Northern Indiana Hispanic Health Coalition	7,800	Flu Vaccination Initiative
Northern Indiana Hispanic Health Coalition	40,000	Health Screenings/Workshops
Oakwood Foundation	2,000	Health Education Programming
ONE Warsaw	400	COVID-19 Assistance: Supplies for "Celebrating Us" Event
Parkview Hospital - Community Outreach	12,092	MOMS Well-being Program at YMCA
Police Departments - Municipal	23,525	COVID-19 Assistance: Protective Face Masks
Rose Garden Recovery Community	3,600	COVID-19 Assistance: Operational Support
Rose Garden Recovery Community	4,000	Facility Repairs and Renovation
Ryan's Place	8,000	Operational Assistance
Safe Harbor Child Advocacy Center	10,000	Operational Assistance
Syracuse Wawasee Park Foundation	50,000	Greenway Feasibility Study
Tippecanoe Valley School Corporation	30,000	PLTW Biomedical Science Curriculum
Town of Akron	15,000	Walking Trail Expansion
Town of North Webster	200,000	Small Town Communities Grant
Town of Winona Lake	150,000	Heritage Trail Expansion-Construction
Town of Winona Lake	1,500,000	Ice Rink Pavilion
Town of Winona Lake	4,932	Law Enforcement Electric Bicycle
True Purpose Ministries	100,000	Addiction Detox and Recovery Facility/Program
Turning Point	5,900	COVID-19 Assistance: Technology Equipment
Various Organizations	22,800	Director Designated, AED Program, and Other Donations
Warsaw Community Schools	50,000	5th Grade FitBit Challenge Equipment
Warsaw Community Schools	19,163	COVID-19 Assistance: Touchless Water Bottle Fillers
Whitko Community Schools	19,007	Emergency Preparedness Equipment
Total Amount Granted	\$4,481,978	



Helping people's recovery or removing barriers of health means supporting programs for those struggling to get their life back on track

# K21 HEALTH FOUNDATION

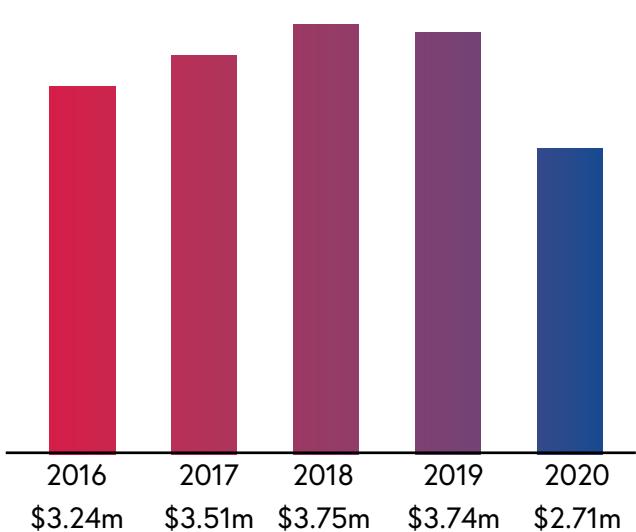
2020 by the numbers



- Direct Health Services
- Prevention
- Other
- Welfare Improvement
- Identifying Health Needs
- Strengthening Organizations
- Healthy Living
- Health Profession Training
- Public Health Education
- Safety
- Environmental

## GRANTS PAID

(5 YEAR LOOKBACK IN MILLIONS)



## FINANCIALS

AUDITED FINANCIAL REPORT HIGHLIGHTS

Total Assets .....	\$83,032,011
Total Liabilities .....	\$591,100
Total Net Revenue .....	\$8,394,884
Grants.....	\$2,716,637
Foundation Operating .....	\$496,160
Total Expenses .....	\$3,504,895
Net Assets / Beginning of Year .....	\$77,409,463
Net Assets / End Of Year.....	\$82,440,911



# Lisa M. O'Neill

K21 Health Foundation Board Chairwoman

## A Message from Our Chair

2020 has brought us all a year that we will never forget. Dealing with a global pandemic has brought on so many health challenges for the people of Kosciusko County. We have a community that responded and stepped up in so many ways to address the challenges and needs of its residents, and K21 Health Foundation remains a leader in that effort. We are thankful that K21 Health Foundation is a strong resource for the community to not only positively impact the long-term health of our residents, but to

also be part of the leadership that responds to the needs of our community, no matter the challenges.

I am honored to be the Chair of K21's Board of Directors in 2021. I am inspired by the 16 other local community leaders who serve on the K21 board to further its mission who live and work in different areas of Kosciusko County, volunteer their time and bring forth their experiences for the benefit of our community. Since its founding in 1999, K21 has

provided grants and other funding totaling over \$57 million to support health initiatives, impacting virtually every resident in Kosciusko County. K21 Health Foundation is an integral part of improving the opportunities and outcomes of health for those that call Kosciusko County home. We look forward to continuing to serve in 2021 and beyond!

*Lisa M. O'Neill*

Lisa M. O'Neill  
Board Chairwoman

## 2021 BOARD OF DIRECTORS

Lisa M. O'Neill, Chair  
Lake City Bank

William B. Smith, Vice Chair  
Retired University Administrator

Max Mock, Treasurer  
Retired Financial Advisor

Jill Gross, Secretary  
Haines, Isenbarger & Skiba, LLC

Becky Alles, R.D.H.  
Van Buren Township Trustee

Jessica Bricker  
Winona Wealth Management

Joe Graham, Psy.D.  
Grace College & Seminary

Steve Grill, Ed.D.  
Grace College & Seminary

Andrew E. Grossnickle  
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Sandra Parra  
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Jasmine Schlitt, D.D.S.  
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Family Dentistry

Scott M. Tucker  
Maple Leaf Farms

Home of  
**K21 Health  
Foundation**

